

## ***Hunger: Do You Know The Facts?***



It is estimated that one billion people in the world suffer from hunger and malnutrition. That's roughly 100 times as many as those who actually die from these causes each year.

About 24,000 people die every day from hunger or hunger-related causes. This is down from 35,000 ten years ago, and 41,000 twenty years ago. Three-fourths of the deaths are children under the age of five.

Famine and wars cause about 10% of hunger deaths, although these tend to be the ones you hear about most often. The majority of hunger deaths are caused by chronic malnutrition. Families facing extreme poverty are simply unable to get enough food to eat. In alone India thousand of people die every year because of hunger.

The Help Rural India was founded to focus on a specific humanitarian need: The eradication of hunger. Since its launch, the organisation has established itself as a leader, helping to feed the hungry. On average, over 500 families have been collecting there monthly rations for the last many years . The food funded by you to The Help Rural India is distributed to those in need. 100% of sponsor fees go to charitable activities.



## ***How You Can Help?***

The Help Rural India provides a feel-good way to help promote awareness and prevent hunger deaths in Himachal Pradesh every day. With a simple donation of money ***you can help and provide food to those in need.***



## ***You Can Help Even More-***

Apart from food; education and health also play very important roles for human life. Help Rural India is also arranging clothes, health and education facilities to the sufferer for maintaining a minimum standard of life. If you have feeling, want to donate anything ***use less for you could be useful for sufferer*** please let us know and we will make this possible.

***“To understand our work better, you are most welcome to visit our project centres and our website’ [www.helpruralindia.org](http://www.helpruralindia.org)”***

***“Please make your Cheques /D. D. In favour of ‘HELP RURAL INDIA’ Payable at ‘New Delhi’ and send”***

## ***Help Rural India***

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***Note: All cash contributions shall be exempted from Income Tax under Section 80G.***